**ORGANIC GARDEN**

Produce List W/B 29th September 2025

Vegetable Box

Vegetable boxes contain a mix of seasonally available produce and cost from €20.00. If you wish to order a vegetable box, please email [nmhreception2018@gmail.com](mailto:nmhreception2018@gmail.com)

Orders must be received by 12:00pm on Wednesday for collection on Thursday between 1.00pm and 4.00pm.

|  |  |
| --- | --- |
| Vegetables | Herbs |
| Spring Onions | Sage |
| Chard | Oregano |
| Lettuce | Fennel |
| Beetroot  Kale  Garlic  Tomatoes  Celery  Onions  Sweet Peppers  Runner Beans | Coriander  Lemon Balm  Basil  Apple Juice €5.00 per bottle  (750ml) |
| Assorted Chillies | Apples  Eating  Cooking |
| Plants: Herbs & Flowers |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |