**ORGANIC GARDEN**

Produce List W/B 29th September 2025

Vegetable Box

Vegetable boxes contain a mix of seasonally available produce and cost from €20.00. If you wish to order a vegetable box, please email nmhreception2018@gmail.com

Orders must be received by 12:00pm on Wednesday for collection on Thursday between 1.00pm and 4.00pm.

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| Vegetables | Herbs |
| Spring Onions | Sage |
| Chard | Oregano |
| Lettuce | Fennel |
| BeetrootKaleGarlicTomatoesCeleryOnionsSweet PeppersRunner Beans | CorianderLemon BalmBasilApple Juice €5.00 per bottle(750ml) |
| Assorted Chillies | ApplesEatingCooking |
| Plants: Herbs & Flowers |  |
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