**ORGANIC GARDEN**

Produce List W/B 11th August 2025

Vegetable Box

Vegetable boxes contain a mix of seasonally available produce and cost from €20.00. If you wish to order a vegetable box, please email [nmhreception2018@gmail.com](mailto:nmhreception2018@gmail.com)

Orders must be received by 12:00pm on Wednesday for collection on Thursday between 1.00pm and 4.00pm.

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| Vegetables | Herbs |
| Spring Onions | Sage |
| Chard | Oregano |
| Lettuce | Fennel |
| Beetroot  Courgettes  Kale  Mangetout  Cucumbers  Broad Beans  Garlic  Tomatoes  Celery | Coriander  Lemon Balm  Basil  Apple Juice €5.00 per bottle  (750ml) |
| Runner Beans  French Beans  Assorted Chillies  Sweet Peppers | Apples  Eating |
| Plants: Herbs & Flowers |  |
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