



VEGETABLES	WEIGHT/Kg/gms	Price €
Artichokes: Globe	per piece	0.50c
French Beans	200gms	€2.50
Dwarf French Beans (green, yellow, purple)	200gms	€3.00
Beetroot (Golden / Striped / Red)	500gms	€2.00
Broad Beans	500gms	€2.50
Broccoli (Green / Purple Sprouting)	per head	€3.00
Cabbage (red/white/green)	Per head	€2.00
Cauliflower	Per head	€2.00
Carrots (small/medium)	1kg	€3.00
Celery	per piece	€2.00
Chard (Rainbow)	200gms	€2.00
Chillies Cayenne / Golden Cayenne / Jalapenos / Padron	per 100gms	€2.50
Courgettes (Green, Dark Green, Strippy/ Golden/Pale Yellow)	500gms	€3.00
Cucumber (Green/Yellow)	per piece	€1.50
Garlic	per bulb	€1.00
Kale (Curly/Dark Green/ Red)	200gms	€2.00
Leeks	400gms	€2.50
Lettuce (Mixed leaves/ Baby Leaves / 6 other varieties of Green & Red Lettuce)	Mixed bag	€2.50
Mangetout; (Green/Purple)	200gms	€2.00
Onions (Red/White)	500gms	€2.50
Spring Onions	per bunch	€1.50
Parsnips	500gms	€2.50
Peppers (4 varieties/Red/Green)	100gms	€1.50
Potatoes	kg	€2.50
Pumpkins	per piece	€5.00
Radishes	per bunch	€2.00
Rocket	100gms	€2.50
Runner Beans	200gms	€2.50
Spinach	200gms	€2.00
Squash (Uchiki Kuri)	kg	€2.50
Swede	per item	€1.00
Turnip (Purple Top)	per item	€1.00
Tomatoes	Cherry 250gms Salad 250gms Beef 250mg	€2.50 €2.50 €3.00

HERBS	WEIGHT/Kg/gms	Price €
Basil (Sweet Green/ Lettuce Leaf/ Purple)	50gms	€1.50
Coriander	50gms	€1.00
Parsley (French Flat Leaved/ Curly)	50gms	€1.00
Seasonal Herb Bundle		€3.00

Weekly seasonal veg boxes available on request from **€20**

Apples: cookers & eaters, 1kg = €2.50

Apple juice, 750ml = €5.00

Boxes of apples available on request

FRUIT	WEIGHT/Kg/gms	Price €
Blackcurrants	500gms	€2.50
Redcurrants	250gms	€2.00
Gooseberries	500gms	€3.00
Raspberries	250gms	€2.50
Rhubarb	5 pieces	€2.50

The North Mayo Heritage Centre's Organic Garden has been certified organic for 30 years.
In 2016, produce from the garden was short listed by Bord Bia for a National Organic Food award.
We are open all year round selling our seasonal produce

July 2025

