

## North Mayo ORGANIC GARDEN Produce List W/B 5<sup>th</sup> May 2025

## Vegetable Box

Vegetable boxes contain a mix of seasonally available produce and cost from €20.00. If you wish to order a vegetable box, please email nmhreception2018@gmail.com

Orders must be received by 12:00pm on Wednesday for collection on Thursday between 1.00pm and 4.00pm.

Herbs

Sage

**Parsley** 

Coriander

## Vegetables

Spinach Chard Kale **Thyme** Lettuce

## Fruit

Rhubarb

Apple Juice €5.00 per bottle (750ml)

Plants: Tomato, Herbs

& Flowers.