



The  
North Mayo  
Heritage  
Centre

## ORGANIC GARDEN

### Produce List W/B 20<sup>th</sup> January 2025

#### Vegetable Box

Vegetable boxes contain a mix of seasonally available produce and cost from €20.00. If you wish to order a vegetable box please email

[nmhreception2018@gmail.com](mailto:nmhreception2018@gmail.com)

Orders must be received by 12:00pm on Wednesday for collection on Thursday between 1.00pm and 4.00pm.

#### Vegetables

Turnips  
Rainbow Chard  
White Onions  
Parsnips  
Kale  
Beetroot

#### Herbs

Sage

#### Plants

Thyme Plants €3.50  
Sage Plants €5.00

#### Fruit

Apples (Eating)  
Apples (Cooking)

10 Kilos of Eating Apples €20  
10 Kilos of Cooking Apples €20

Apple Juice €5.00 per bottle  
(750ml)

#### WHAT WE HAVE IS WHAT WE GROW

We do **not** buy in **any** produce. Our produce is entirely seasonal and is all grown on site in the Organic Garden here at North Mayo Heritage Centre