

### Vegetable Box

Vegetable boxes contain a mix of seasonally available produce and cost from €20.00. If you wish to order a vegetable box please email <a href="mailto:nmhreception2018@gmail.com">nmhreception2018@gmail.com</a>

Orders must be received by 12:00pm on Wednesday for collection on Thursday between 1.00pm and 4.00pm.

## Vegetables

#### Herbs

Turnips Rainbow Chard White Onions Red Onions Kale Green Peppers Beetroot Garlic Celery

### Sage

# Fruit

Apples (Eating) Apples (Cooking)

10 Kilos of Eating Apples €20 10 Kilos of Cooking Apples €20

Apple Juice €5.00 per bottle (750ml)

#### WHAT WE HAVE IS WHAT WE GROW

We do **not** buy in **any** produce. Our produce is entirely seasonal and is all grown on site in the Organic Garden here at North Mayo Heritage Centre