



The
North Mayo
Heritage
Centre

ORGANIC GARDEN

Produce List W/B 14th October 2024

Vegetable Box

Vegetable boxes contain a mix of seasonally available produce and cost from €20.00. If you wish to order a vegetable box please email

nmhreception2018@gmail.com

Orders must be received by 12:00pm on Wednesday for collection on Thursday between 1.00pm and 4.00pm.

Vegetables

Turnips
Mixed Bag of Lettuce
Rainbow Chard
Spring Onions
White Onions
Red Onions
Peas
Peppers
Beetroot
Tomatoes
Garlic
Kale
French Beans
Celery

Herbs

Sage
Basil

Fruit

Apples (Eating)
Apples (Cooking)

WHAT WE HAVE IS WHAT WE GROW

We do **not** buy in **any** produce. Our produce is entirely seasonal and is all grown on site in the Organic Garden here at North Mayo Heritage Centre

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